



Your Weekly NEWS

Celebrating 70 years of the NHS

The NHS 70th anniversary is a perfect opportunity to celebrate its past and reflect on its present and future. Before 1948, the have-nots feared ill health. Not for the reasons you or I fear it, but because they had no means to pay for treatment. Here I would like to look back at how the NHS came about and in particular the role of one man, Aneurin Nye Bevan.

On the 5th July 1948, a young girl was admitted to Park Hospital in Manchester, to be treated for a liver condition. Her name was Sylvia Beckingham and she was the first patient to be treated on the NHS. She would later recall: "Mr Bevan asked me if I understood the significance of the occasion and told me that it was a milestone in history – the most civilised step any country had ever taken."

For Bevan, it was the culmination of a life-long struggle and vindication of a dream fostered in the deep squalor of the Tredegar slums. Bevan was born in 1897, the son of coal miner and a seamstress. At the age of thirteen, Bevan left school and began work as a miner. He soon became a trade union activist: he was head of his local Miners' Lodge at only nineteen years of age. The manager of the colliery found an excuse to get him dismissed but, with the support of the Miners' Federation, the case was judged as one of victimisation and the company was forced to re-employ him. In 1919, he won a scholarship to a college in London, sponsored by the South Wales miners' trade union. There he spent two years studying economics, politics, and history.

In February 1925 his father died of pneumoconiosis. In 1926 he found work, this time as a paid union official. As a rising political star, Bevan chaired the 'Tredegar Medical Aid Society' committee which greatly shaped his outlook towards health inequalities. In the medical aid society, members received healthcare in return for a financial contribution. During his tenure membership was expanded to include non-miners, to the point that 95% of the town's population became eligible to receive support. It was one of the first community health services.

In 1929 Bevan was elected as the Labour Member of Parliament for Ebbw Vale. The 1945 general election resulted in a victory for the Labour Party, giving it a large enough majority to allow the implementation of the party's commitments and to introduce a programme of far-reaching social reforms that were collectively dubbed the "Welfare State". The new Prime Minister, Clement Atlee, appointed Aneurin Bevan as Minister of Health. Back then, Britain's 2,700 hospitals were run by charities and local councils. Only those in employment were entitled to treatment under the national insurance scheme in place.

Before 1945, the role of Health Minister had been a relatively minor one, but for Nye Bevan it was the opportunity to alter society. He recognised that health was a key factor in social inequalities and needed to be tackled head on. By July 1948 Bevan had guided the National Health Service Act through Parliament. On July 5 1948 the NHS took control of 480,000 hospital beds, 125,000 nurses and 5,000 consultants.

In 1951, Bevan was moved from health to become minister of labour. Shortly afterwards he resigned from the government in protest at the introduction of prescription charges for dental care and spectacles. In 1959, Bevan was elected deputy leader of the Labour Party, even though he was suffering from terminal cancer. He died on 6 July 1960.

Andy Robson, Member of Society of Radiographers NW Regional Executive and Staff Side Secretary



70
YEARS
OF THE NHS
1948 - 2018



Volunteers needed – have your say!

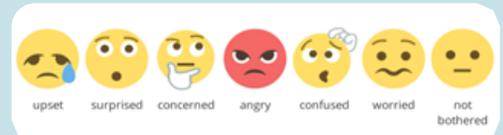
An exciting opportunity has arisen for volunteers to participate in a study that is looking into the general public opinion of how vascular services are organised. This study is part of a larger research study to assess the services that are available for vascular diseases and results will allow recommendations to be made to improve vascular services for the benefit of patients. Participation involves a one-time only telephone interview and all information that you provide will be made anonymous.

We are looking for anyone aged 18 and over **who does not suffer** from a vascular condition to take part. If you are interested or would like some more information please contact: Caroline Winckley, e-mail: caroline.winckley@mbht.nhs.uk or telephone: **01524 512134**



Behavioural Standards Framework training launches next week!

We are launching our job essential training next week! The training will be put onto everybody's TMS account so that they can complete it alongside their mandatory training. Hopefully you will learn from the training and enjoy doing it. However, in the spirit of continuous improvement please do not hesitate to let Ask.Sami@mbht.nhs.uk know any comments you wish to share on the training. Good luck!



Join our biggest K2B walk team ever!



Up for a challenge in 2018? We'd love you to join our Keswick 2 Barrow and Coniston 2 Barrow teams on Saturday 12 May. You can walk or run – choose from either the 40 mile K2B or 21 mile C2B challenge. We ask that you pledge to raise at least £80 in sponsorship money.

So far we've got 90 people in our 2018 team. Can you and your colleagues help us reach 100? You'll get fit, get outside – and by training and walking as a group you can get social too! Sign up today at bayhospitalscharity.org/keswick2barrow

Changes to the shuttle bus times!

There are to be some changes to the times the shuttle bus between RLI and WGH will operate. These will change from the **5 March 2018** as below :-

There will no longer be a booking system so it is on a 'first come first served' basis. If too many staff go for the bus and there are not enough spaces they will have to travel by an alternative method i.e. train/bus. The bus will leave at the times stated and will not wait if staff are delayed, this will ensure that the arrival times are all achieved (unless there are unavoidable delays such as traffic congestion/ crashes en-route causing delays).

There is now also a new run time from WGH; please see the timetable for information.

WGH	RLI
Leaves at 7.30am	Arrives at 8.00am
	Leaves at 8.00am
Arrives at 8.30am	
Leaves at 4.30pm - New Run	Arrives at 5.00pm
	Leaves at 5.00pm
Arrives at 5.30pm	
Leaves at 5.45pm	Arrives at 6.15pm



Maternity go-live this week – do you know who to contact if you think you have a problem with your laptop?

As part of the Trust's Electronic Patient Record (EPR) Optimisation Programme, the Maternity Department are due to go-live on Thursday 1 March with their Optimised Maternity System. Community midwives will be able to access the Maternity Electronic Patient Record from GP Surgeries and other locations using laptops equipped with 4G SIM Cards.



If you are a community midwife and you think that you may have a problem with your laptop, please call the service desk on ext. 46000 or email ServiceDesk@mbhct.nhs.uk. Useful information to provide when logging calls includes: your name, contact number and location, UUID (Smartcard Number/s), PC/laptop numbers and location, screenshots (excluding patient details) if relevant and replication steps of issue.

Keeping up to date with the integration of community services



On April 1 more than 500 staff who work in the community across south Cumbria – and currently work for Cumbria Partnership NHS Foundation Trust, are joining the Trust.

The aim is to integrate their services with those provided by our hospitals. Sessions are being held to help the staff transferring to get to know their counterparts working in our hospitals – and they are already proving a hit with the staff who are attending.

Further sessions are planned as follows:

Tuesday 27 February	Conference Room, FGH	12pm – 12.45pm and 1pm – 1.45pm
Thursday 1 March	Conference Room, FGH	12pm – 12.45pm and 1pm – 1.45pm
Friday 16 March	Education Centre Room 4, WGH	12pm – 12.45pm and 1pm – 1.45pm

There are also some sessions planned which will be led by our Chief Executive Jackie Daniel, but will also include a market place of support services provided at UHMBT which will provide useful information for your future employment. It will also give you an opportunity to hear from Jackie Daniel and other executives -

Monday 5 March	9.30am to 12.30pm	Barrow 6th form College
Monday 5 March	12.30pm to 3.30pm	Barrow 6th form College
Friday 9 March	9.30am to 12.30pm	Stonecross Manor, Kendal
Friday 9 March	12.30pm to 3.30pm	Stonecross Manor, Kendal

Staff are welcome to attend these and get to know colleagues from the community services. If you would like a stall at the events on the 5 and 9 March please contact Simon Rigg for more details at simon.rigg@mbht.nhs.uk

Hospital Grand Round - FGH

The next Hospital Grand Round at FGH is taking place on **Monday 5 March, at 1pm**, in the Lecture Theatre. Dr H Elbana, Specialist Doctor for Orthopaedics, will present the lecture "Behaviour Policy." All staff are welcome and lunch will be served in the education centre before the grand round.

How to register for Smartcard Self Service

You are now able to unlock your own smartcard if you are registered for Self Service. Please click [here](#) for a detailed guide on how to register for self-service.





Growing our own on the Acute Surgical Unit

The Acute Surgical Unit (ASU) at the RLI are very proud to have three support staff accepted for the Registered Nurse Apprenticeship programme, starting this month.

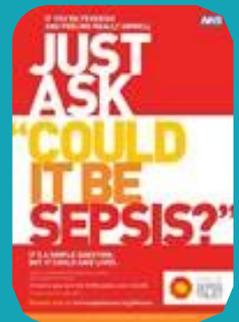
All three staff have worked on ASU for some time and through their dedication, hard work and commitment have been accepted onto the programme. Now starting this exciting new initiative, whereby in four years' time, they will be qualified staff nurses. We wish them all - Sarah McDermott, Melwina Wozniac-Grymuza and Alice Davis - well throughout the programme.



Paediatric Sepsis Screening going live

From Monday 5 March 2018 the new Paediatric Sepsis Screening and Action Tool will be officially live on Lorenzo. This tool is to be used on all paediatric patients who attend our Emergency Department, Children's Assessment Units and Children's Wards.

It will be mandatory on Lorenzo that all children receive this screening. Training will be provided by Charlotte Helm and Sarah Hamilton, Practice Educators for Sepsis and AKI over the next couple of weeks. Training and advice can also be sought from Kerry Little, Practice Educator Children and Young People and there will also be Sepsis Champions in the departments.



Conference for black, Asian, minority ethnic, and international staff

Our Trust is committed to ensuring a work place which is fair and inclusive for all staff, which is why we have invited Yvonne Coghill OBE to deliver a key note speech at our conference on 26 March 2018.

Yvonne is a leading voice in the NHS, and guides and advises on strategic direction to help ensure all NHS organisations are delivering on their responsibilities of providing equal opportunities for staff from black, Asian, or minority ethnic backgrounds. The event on 26 March will provide an opportunity to look at the progress we have made in our organisation in recent years, and will also give our staff (you) the chance to influence where we go from here.

If you are a staff member from a black, Asian, minority ethnic or international background, or an ally for BME staff, and feel you'd like to make a contribution to this agenda please contact Liesje Turner, Liesje.Turner@mbht.nhs.uk.

Fairness – Equality – Diversity – Inclusivity

**BME Network
Black, Asian and Minority
Ethnic Staff**

We are a group of BME staff who meet every 2 months to consider how we can help our organisation deliver a workplace and service which is fair for all ethnic minority and international staff. To find out more and get involved please come to our 2018 conference.

**KEY NOTE SPEAKER
YVONNE COGHILL**
NHS ENGLAND
WORKFORCE RACE EQUALITY
DIRECTOR
Date: 26th March 2018
Venue: Castle Green Hotel, Kendal
Time: 1pm - 4.30pm

You are supported to attend this meeting during work time. If travel is difficult we can help you. To find out more or to book a place please contact Liesje Turner
Liesje.turner@mbht.nhs.uk 07780426250

Education, Training and Development - Lorenzo training

For the next six months the Education, Training and Development (ETD) Team are delivering Lorenzo training for three Lorenzo projects – Maternity Paperlite, ePMA (Electronic Prescribing and Medication Administration) and Theatres. During this busy time all refresher training is suspended. If you are already using Lorenzo and receive a prompt from TMS to attend repeat Lorenzo training, please ignore this reminder.

Further communications will be sent out when this training is available again.

For new staff training, please book as far in advance as possible and be aware that staff may need to travel to alternative sites. Sorry for any inconvenience.



New back care seminar dates

Occupational Health have added new dates for the Back Care Seminar (dates below) – book now via TMS.

Physio led Interactive Back Management Seminar - 7 March 2018 10:30 – 12:00 RLI

Physio led Interactive Back Management Seminar - 17 April 2018 14:00 – 15:30 FGH

FGH Work experience week – staff needed!

The Careers and Engagement Hub is organising another work experience week for a group of students aged 14-16 years. This will be held at FGH and is designed to give the group of young students an introduction and overview of different jobs in healthcare. Last year the week was hugely successful for the group of students that participated, and we would like to replicate this success again this year! Would you or a member of your team be available to deliver a presentation or a practical activity about your job/area of healthcare? Find out more [here](#).

Working in partnership to develop a cross-bay clinical community

I was talking with my friend Mary recently about her experience as a patient over the last eighteen months. She's in her mid 70s and has been trying to get a diagnosis and treatment for her condition. She has been seen by primary care, specialists from various parts of the trust, and at a number of locations. Over coffee we talked about the highs and lows of her ongoing journey. She was full of praise for the doctors, nurses and other professionals that she had met along the way, but I could tell she had a few reservations about the overall experience. When I asked why, she simply replied "I just wish everything was a bit more joined up".

Mary's experience highlights the importance of work that has been underway over the last fourteen months to develop a Morecambe Bay Clinical community. Alex Gaw, the clinical lead for the CCG and a practicing GP in Morecambe, along with David Walker (the Trust's Medical Director) created this initiative with a view to identifying and breaking down gaps between primary and secondary health provision.

Over a series of workshops clinicians have come together to discuss issues common to all. These workshops have led to projects aiming to improve local population health outcomes, for example with strokes, and actions on system-wide approaches to conditions such as respiratory, frailty, pain, and MSK.

The challenges of working together brings many of our behavioural standards at UHMB into play. The ones that jump to mind for me are team working across all areas, respect, valuing everyone's contribution, sharing learning, seeking and acting on feedback, putting patients at the centre and communicating effectively. But the one that stands out here is David and Alex's bravery in reaching out to a far wider team than we typically consider.

By investing time and effort into developing a 'clinical community' this initiative has led to combined actions that in time will address the concerns raised by Mary. It all started with a very simple workshop, where professionals sat down and listened to each other, thought about their common ground instead of their differences, and worked on some ideas to solve longstanding issues. In the next few weeks and months we can expect to see changes to how care is delivered across all the health and care partners.

The challenge to us all is to follow suit and reach out to colleagues from across the Bay Health and Care Partner organisations. To get involved in cross-organisational care pathway workshops. To meet and welcome our colleagues from CPFT as they join UHMB. To think about what we can do to work as a team across our specialties, our divisions, and our partner organisations that collectively make up our NHS.

Matt France
Associate Director of Organisational Development



COSHH amnesty in March

On the 8 and 9 March the Trust will be having a COSHH amnesty day. Any items that have expired, empty unclean containers or any items that you may have within your department but are not listed on the COSHH inventory as an authorised product will be collected.

Please contact your patient Environment Services team to let them know you have any item/s for collection
FGH ext 51215 - RLI ext 42236 - WGH ext 45350

Reminder about discarding patient food

Please can all staff be reminded that only patient food that originated in the kitchen should be returned to the kitchen if uneaten. Personal food, food purchased in the canteen or food brought in by relatives for patients must be discarded into the domestic waste stream (clear bags).

Dates for your diaries - lived experience of recovery

On each of the below dates, different people will be speaking openly about their own personal recovery from addiction to alcohol. All dates will be open to all staff and there are no gender specific dates apart from 10 October 2018. For more information, please contact the HALS team at Health.EarlyAction@mbht.nhs.uk.

21 March 2018	14:15 - 16:45	Seminar Room 5, RLI
27 April 2018	14:15 - 16:45	Seminar Room 5, RLI
30 May 2018	14:15 - 16:45	Seminar Room 5, RLI
29 June 2018	14:15 - 16:45	Seminar Room 5, RLI
27 July 2018	14:15 - 16:45	Seminar Room 5, RLI
24 August 2018	14:15 - 16:45	Seminar Room 5, RLI
21 September 2018	14:15 - 16:45	Seminar Room 5, RLI
10 October 2018	All Day - second	Women Calling Time on Wine O'Clock - Lecture theatre, RLI
26 October 2018	14:15 - 16:45	Seminar Room 5, RLI



Spotlight on the Integrated Care Communities

There are 12 Integrated Care Communities (ICCs) in Morecambe Bay. Each ICC brings together health and social care professionals, the voluntary sector, and the local population who work together to improve health and wellbeing. Within each ICC area is a core team whose main focus is to work with people that have on-going and/or complex care needs that are at highest risk of deterioration. ICC colleagues also work with their local communities to encourage the development of community-led health and wellbeing initiatives.

Each week we have focused on a different ICC so we can share some examples of their work with you. This week, in the last of our series, we look at the work in Lancaster to tackle awareness of mental health issues.

Members of Queen Square and Lancaster Integrated Care Communities collaborated with staff from UHMB, Morecambe Bay Clinical Commissioning Group, Lancaster City Council, the Voluntary Sector and members of the community to raise awareness and funding for local groups that support people with poor mental health.

The event was organised by the Socialease and Serenity Cafes that offer a safe place in venues in Lancaster, Morecambe and Carnforth, for people with any form of mental health issue to combat social isolation and anxiety.

