



Your Weekly NEWS

Please give us your views on proposed changes to our vision and values

Our vision and values are absolutely central to what we do and who we are. It is very important that our patients, colleagues and health and care partners are clear about what we stand for and how we are expected to behave.

Our vision and values were last updated in 2013 and since they were produced through your extensive input, we have expanded as an organisation through welcoming community teams from North Lancashire and South Cumbria. Following this, we feel it would be beneficial to make some small (but significant changes) to our vision and values that better reflect UHMBT as it is now. For example, we want our new vision and values to refer to colleagues rather than staff, and emphasise the importance of providing patient centred care.

However, before we make any changes, we would like to get your views. The proposed new vision and values are set out below. The current vision and values are available [here](#). Please let us know what you think by emailing your feedback to communications.team@mbht.nhs.uk by Friday 9 November.

Our Vision

We will consistently provide the highest possible standards of compassionate care and the very best patient and colleague experience. We will listen to and involve our patients, service users, colleagues and partners.



Patients

Our patients will be treated with compassion, dignity and respect. Their experience is our most important measure of achievement.



People

Our colleagues (employees and volunteers) are the ones who make the difference. They understand and share our values and this is reflected in everything they do.



Progress

Our progress will be improved through innovation, education, research and technology to meet the challenges of the future.



Partnerships

Our partnerships make us stronger. By investing in them, we will deliver the best possible care to our communities.



Performance

Our performance drives our organisation. Providing consistently safe high quality and patient-centred care is how we define ourselves and our success.



UHMBT's biggest capital investment plan gets underway

We are delighted to announce that work has commenced on the planned £19m capital investment to transform and improve our estate for our patients across our three main hospitals and within community services. The entire project will be managed by the Trust Capital Services Team. It will be completed in phases to enable patients and staff to continue using the surrounding facilities whilst the work is ongoing. As is the case in a hospital environment, this is challenging and requires working closely with staff, the Infection Prevention Team, design consultants and building contractors. To keep up-to-date with the progress please see below the most recent news stories:

[Significant investment to benefit hospital maternity and surgery care at WGH](#)

[Over half a million pound renovation starts on Royal Lancaster Infirmary Children's Unit](#)

[Therapy teams all under one roof thanks to £2m investment](#)





Care Quality Commission (CQC) staff briefings

A series of staff briefing sessions to provide an update on the CQC inspection process will take place across the three main hospital sites in November. The briefings, led by an Executive Director, will explain the importance of the (CQC) inspection, how it will be delivered and our headline improvements over the year. There will also be an opportunity for staff to ask questions or share and feedback.



2 November WGH: 8am - 9am, 1pm – 2pm , 3pm – 4pm and 5pm – 6pm in the Boardroom

8 November RLI: 8am – 9am (Room 5), 12.15pm -1.15pm (Room 6), 3pm – 4pm (Lecture Theatre), 6pm-7pm (Room 3)

8 November FGH: 8.30am - 9.30am, 11am - 12pm, 3pm – 4pm and 5pm – 6pm in the Lecture Theatre.

Information requests by the CQC Inspectors During the upcoming CQC Inspection, should the inspectors request copies of Trust documents or records, you must note the request and **send an e-mail to** CQC.InfoRequest@mbht.nhs.uk, as soon as possible.

Identifying concerns If the Inspectors raise any immediate concerns, you should act promptly. Immediately inform your ward/dept. manager, and care group managers, and **send an e-mail to** CQC.InfoRequest@mbht.nhs.uk as soon as possible.

In preparation for the upcoming CQC inspections we have produced two new publications.

[A Guide to our Care Groups](#) explains what our clinical services do, the services they provide and the numbers that tell their story. [Celebrating our Improvements and Achievements](#) is a collection of the Trust's improvements over the last couple of years which benefit patients, staff and the public across our neighbourhoods and communities.

Refurbishment of Theatre 2 at WGH

A temporary Vanguard Theatre unit has arrived at WGH and will be on site during the 21 week closure and refurbishment of Theatre 2. The Trust is refurbishing Theatre 2 to meet current standards and the temporary unit will be used while work is ongoing. Access to the temporary unit will be through the Theatre 4 recovery area via a new temporary link corridor.

Sue Howard Matron WGH, Surgery and Critical Care said: "I would like to take this opportunity to thank my theatre staff at WGH for the ongoing support they have given over the past three months when asked sometimes at short notice to work in the theatre department at RLI. For going above and beyond, which has meant we have been able to maintain services to our patients." Work is due to be complete by Friday 26 April 2019. We understand that parking is difficult for staff and we will try to minimise the disruption. We apologise for any inconvenience caused.



There's still time to have your say and complete your staff survey

You should by now have all received your 2018 NHS Staff Survey either by email or a paper copy depending on the type of role you do here at the Trust. The NHS Staff Survey is run in partnership with trade unions and is one of the best ways for you to share your views about your job here at the Trust and the NHS nationally. The survey enables **you** to provide feedback about **your** experiences of working at UHMBT. Please remember that the whole process is confidential and managed by our provider organisation, Picker. Responses go directly back to Picker meaning that no one at the Trust sees individual responses.





Watch and count how many times you could be close to flu!

As part of this year's flu campaign we have teamed up with April James – one of our Porters at the RLI to produce a new film to show how important it is to have your flu vaccine to protect not just yourself but your colleagues and our patients.

The film follows April during an average day at work counting how many times she comes into contact with and touches different objects or surfaces. Unknowingly to April these surfaces could potentially be carrying flu and if she wasn't protected with the vaccine or regularly washed her hands, she could be at risk from the virus.

Watch the film [here](#) and see for yourself how many times you could be close to flu! If you still need to get your vaccine and would like a member of the Occupational Health team to visit your work area then please contact them on 01524 512290, ext. 42290, or email occhealth.referrals@mbht.nhs.uk.



There's still time to nominate our Health Heroes!

Don't forget to nominate a colleague or a team for one of our [Health Heroes awards](#). Do you know an individual or team that is extra special, and who really go out of their way to make life a little bit better for patients and colleagues? If so, we want to hear about them! It isn't just UHMBT staff that can nominate - we want to hear from patients, visitors, and members of the public as well. There are nine categories in total, two of which are below:

Leader of the Year (Chief Executive's Award): Recognising an inspiring and outstanding leader at any level of the organisation. Leadership isn't about titles; it is about behaviours. Judges will be focused on looking for individuals, at any level in the Trust, who have demonstrated the ability to lead a team effectively towards making lasting service improvements to patient care and experience.

Bay Health and Care Partners - Transformational Change Award: This award recognises the work taking place right across Morecambe Bay to transform health and care for our local populations. Judges will be looking for examples of working across different organisations to transform services, together with demonstrating patient, staff and public involvement.



**DEADLINE FOR
ENTRIES:
FRIDAY 16
NOVEMBER 2018**

The full nomination pack, including further information on all the categories, can be found [here](#). Hard copies can be obtained from the Communications team on ext **46642** or sarah.jones1@mbht.nhs.uk.

Help your loved ones stay well this winter

With winter fast approaching, we're urging those with long-term health conditions to take control and follow a few simple steps. Winter conditions can be seriously bad for our health, especially for patients managing long-term conditions such as chronic obstructive pulmonary disease (COPD), bronchitis, emphysema, asthma, diabetes or heart or kidney disease. Being cold can raise the risk of increased blood pressure, heart attacks and strokes as well as aggravating existing health problems - making us more vulnerable to respiratory winter illnesses. As NHS staff members we are asking you to ensure you look after your own health as well as your patients and to remember the adverse effects winter weather can have on those managing long-term health conditions. Follow these simple steps to help us help you manage a long-term health condition:

www.bettercaretogether.co.uk/News.aspx?ID=64





Welcoming our new Chaplain to the Trust

In September the Trust welcomed Deacon Deborah Wilde to the Chaplaincy Department as Site team Leader at Furness General Hospital. Deborah's role will now provide a full-time service building upon the previous three days a week to offer pastoral, spiritual and religious support to both staff and patients.

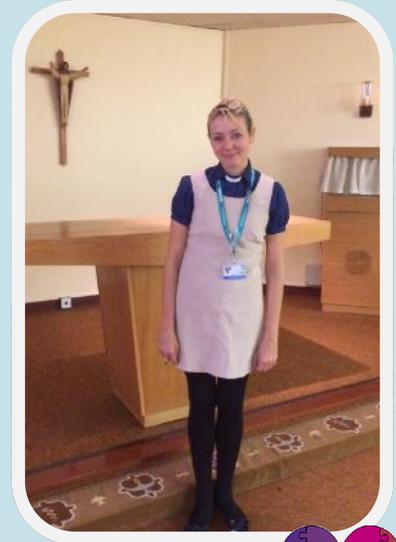
Commenting on her new appointment at the Trust Deborah said: "I was attracted to work at UHMBT as I was already aware of its 'Better With You' approach where everybody is valued no matter what role they do.

"As soon as I arrived at the Trust I was made to feel extremely welcomed and part of the strong community at Furness General Hospital. I have been really impressed by the recognition that our colleagues have such demanding roles and the excellent initiatives that are in place to offer support in resilience and mindfulness. I hope my role can complement this and work together to offer even more opportunities for both staff and patients.

"I am really looking forward to continuing to meet more staff and patients as the weeks progress and provide the spiritual care and support needed from all faiths.

"I see a big part of my role as accompanying the health care journey that starts from birth and continues throughout the different stages of life until the final stages."

To get in touch with Deborah please contact switchboard or email Deborah.wilde@mbht.nhs.uk



Be friendly and
welcoming

Chief executive's blog – October 2018

This latest blog includes updates on where we are up to with our winter planning, what is going on nationally and our upcoming Care Quality Commission (CQC) inspections. Read the blog [here](#) As always, if you have any feedback, ideas or comments – please feel free to get in touch by emailing Aaron at aaron.cummins@mbht.nhs.uk or on Twitter.

Calling all runners! Could you raise funds for Bay Hospitals?

Bay Hospitals Charity are looking for individuals, or teams of staff who'd like to raise money for Bay Hospitals Charity – our Trust's official charity - by taking part in a Christmas Pudding fun-run on Sunday 2 December 2018. The one mile fun-run start at 11am, with a 10K run starting half an hour later at 11.30am. Both events take place at the Glaxo Sports Club, North Lonsdale Rd, Ulverston, and all runners who finish the 10K will receive a **free Christmas pudding**, and any children taking part in the fun run will receive a medal! Taking part is simple, it costs just £10 to sign up and you can register online: www.hoadhillharriers.co.uk/xmas-pudding-10k Once you've registered all you need to do is let Bay Hospitals Charity know that you are taking part and you are raising funds for us. Any funds you raise can either go back to supporting a particular ward or department, or you can choose to raise funds for the charity who will use your funds to support other more general projects happening across our Trust. For further information, please contact Judith Read in the RLI charity office or Heidi Bowron at the FGH charity office by emailing: charity@mbht.nhs.uk or by calling the office on Ext: 46064.



Reminder - dates for November Team Talk

Team Talk in November will take place at the following times across the three main hospital sites. 2 November 1pm—2pm in Room 1 Education Centre at WGH, 5 November, 10 - 11am Seminar Room 5 at the RLI and the 12 November 11—12 in the Lecture Theatre at FGH



North West Blood Bikes honoured

North West Blood Bikes Lancs and Lakes (NWBB-LL) have been officially honoured on behalf of the residents of Morecambe Bay at a recent meeting of Morecambe Town Council. The Blood Bikes have been recognised for the vital work that is undertaken in the community, supplying urgently needed blood and medical products to the NHS using their own vehicles and in their own time. Recent tragic events demonstrate how much the volunteers are at risk when carrying out their vital work and local residents wanted to show their appreciation and thank the service for the essential work that is delivered on behalf of the whole community and how much it is respected by everyone.



Jill Livingstone, Transfusion Practitioner at University Hospitals of Morecambe Bay Trust said: "On 19 September 2018 I had the honour of witnessing the North West Blood Bikes receive one of only seven awards presented by Morecambe town council recognising and thanking them for their dedication and professionalism provided to the people of Morecambe. The service provided to UHMBT is invaluable and I would also like to add my personal thanks." Read the full story [here](#).

Better With You website formally launched

As part of the Bay Health and Care Partners Accountable Care Organisation development, it was important to determine the longer term approach to recruitment across the system. This strategic work has seen the establishment of a Virtual Recruitment Hub (VRH) with the allocated responsibility to lead, oversee and support collaborative approaches to attract staff to work in health and care across Morecambe Bay. One of the ways in which the VRH is seeking to deliver on its responsibilities is to utilise a single platform. In Q2 the Better With You website went through a soft launch process, and on 31 October the website will be formally launched. This website has been developed in partnership between Bay Health and Care Partners and will be the single recruitment platform on which all partner organisations will position respective vacancies and career opportunities, and careers engagement. Take a look at the new website here: www.betterwithyou.co.uk If you have any feedback, please contact Liesje.Turner@mbht.nhs.uk

Join the fun at Kendal ICC'S family Sunday fun day!

Members of the public are invited to join the fun and have conversations about their health and wellbeing at the Family Sunday Fun Day in Kendal on Sunday 4 November 2018. Following the great success of over 500 people attending the first event in March, Kendal Integrated Care Community (ICC) team are inviting the public, health professionals and partner organisations to attend their second Family Sunday Fun Day. This free event will take place at Kendal Leisure Centre, from 10am until 3pm and will be packed with lots of fun-filled activities for all the family. Find out more [here](#).



Still time to book onto our Big Conversations!

Staff joined Aaron Cummins, Chief Executive, at the first of a series of Big Conversations he is leading focused on what it is like to work here at Morecambe Bay, what is working for staff and what could be better. The next Big Conversations will take place on Friday 9 November 2018, 1pm-3pm at Café Ambio, Auction Mart, Kendal and Monday 12 November 2018, 10am-12pm, Furness College, Barrow. Places can be booked via TMS. Transport will be available on request. To find out more information contact the Improvement and LiA team on listening.IA@mbht.nhs.uk or 01524511989 (41989).



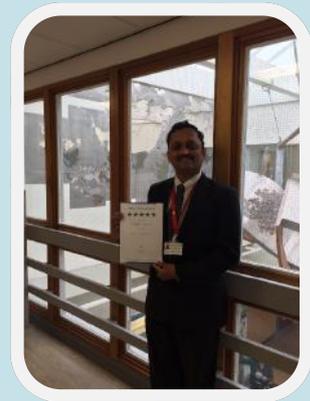


Trust Procedural Document Library

The link below lists the documents that have been uploaded to the Trust Procedural Document Library in the last 30 days. This information can be accessed at any time on the Trust Procedural Document Library [home](#) page. [documents uploaded in the last 30 days](#) A reminder to all staff that they MUST NOT print off Trust procedural documents including all policies and procedures. Please ensure that you view the most current document on the Trust's Procedural Document Library on the intranet: <http://uhmb/cs/tpdl/Pages/default.aspx>

Trauma and Orthopaedic Consultant awarded Certificate of Excellence

Gautam Talawadkar, a Trauma and Orthopaedic Consultant at UHMBT, has been awarded a Certificate of Excellence from iWantGreatCare after becoming one of their most highly and consistently recommended clinicians in 2018. Every year, millions of NHS patients leave feedback of their experience on iWantGreatCare, with Certificates of Excellence only being awarded to the clinicians who receive the most consistently positive patient feedback throughout the year, and demonstrate that they are serving their patients well and improving lives. Read the full article [here](#).



Successful launch of the Inclusive Behaviours workshops

Over the past two to three years the Trust has been working towards the aim of becoming 'effortlessly inclusive' and we all have a part to play in this. Lots of activities and opportunities for staff and patient involvement have taken place during this time all of which help us understand more about inclusion. The newest opportunity is the 'Inclusive Behaviours' workshop which launched on 19 September 2018, a three hour interactive session for all staff as part of our job essential training. This has been developed in partnership with CETAD at Lancaster University and is an opportunity for us to reflect on our own inclusive and non-inclusive behaviours and understand our own conscious and unconscious biases. How we interact with each other and people accessing our services is so important if we want to truly embed our Behavioural Standards Framework. We all have a part to play in becoming a Great Place to be Cared For, Great Place to Work for every individual. As at 25.10.18, 12 workshops have taken place with 202 staff attending. Places are booking fast so book your place today. Read more about the feedback we have received [here](#).

Thanks to everyone for making this year's Wear it Pink day such a success

Well done to everyone who made last week's 'Wear it Pink' day such a success. Our hospitals were a sea of pink on Friday 19 October. In addition to lighting up Blackpool Tower last Friday, to help raise awareness of the importance of women attending their regular breast screening appointments, you may have seen that the Ashton Memorial in Lancaster was lit up pink last week, as were our three main hospital sites.

Special thanks to Carly Taylor, Breast Screening Navigator at UHMBT and all the team in North Lancashire and South Cumbria Breast Screening unit for their hard work in making the day happen and all their fundraising efforts to date. Thanks also to our estates team and to our fantastic colleagues in catering who kindly donated 150 special pink cupcakes which helped raise event more funds for the breast screening unit.

