



# Your Weekly NEWS

## Staff showcase how technology is improving patient care to NHS ambassador and broadcaster Roy Lilley

Roy Lilley, a commentator on the NHS, and Dr Terri Porrett, from the Academy of Fabulous Stuff, visited the Trust on Wednesday 17 October as part of Fab Change Week.

The theme of their visit was “technology” and the duo visited the Trust’s three main sites to find out more about the Lorenzo EPR system, including community midwives at FGHS’ South Lakes Birth Centre, Ward 7 at WGH to view new drugs dispensing trolleys and the IPPMA prescribing system, the catering team at RLI to view the eMeals system, the theatres team at the RLI and the site’s Acute Frailty Unit. Roy and Terri also met with GP Dr William Lumb at Captain French Lane Practice in Kendal to look at the benefits of the STRATA system, Kendal Integrated Care Community to find out about recent work and successes and our new community colleagues at the Langdale Ward at WGH. The pair finished their visit with a short demonstration of the iPlato GP app and dashboards used by the Trust. You can find out more about what Roy Lilley thought of his visit [here](#).



## Keep the nominations coming!

Don't forget to nominate a colleague or a team for one of our [Health Heroes awards](#). Do you know an individual or team that is extra special, and who really go out of their way to make life a little bit better for patients and colleagues? If so, we want to hear about them! It isn't just UHMBT staff that can nominate - we want to hear from patients, visitors, and members of the public as well. There are nine categories in total, two of which are below:

**Innovation and Research Award:** In this category, judges will be looking to recognise individuals or teams who can demonstrate measurable and improved patient care, and also support the wellbeing of staff through the use of new innovative ways of working or research.

**Inclusion and Diversity Award:** Recognising those individuals or teams that have demonstrated excellence in making our Trust a truly inclusive and diverse place to work. Judges will be looking for examples where boundaries have been pushed and the working lives of colleagues improved.



**DEADLINE FOR  
ENTRIES:  
FRIDAY 16  
NOVEMBER  
2018**

The full nomination pack, including further information on all the categories, can be found [here](#). Hard copies can be obtained from the Communications team on ext **46642** or [sarah.jones1@mbht.nhs.uk](mailto:sarah.jones1@mbht.nhs.uk).



### A very warm welcome to our new Governance Apprentices

On the 3 September we welcomed seven new Governance Apprentices into the Governance Departments. They had a whole week of induction which included Corporate Induction, training on useful resources, an overview of all the governance departments, orientation of all three sites and on the final day team building. They were all given an “Apprentice Handbook” which has all the necessary information they need for the two years including their work place rotation, work plans for each department, code of conduct, useful contact numbers and lots of other information.

The Apprenticeship Scheme is a key component of our People Strategy. The future of UHMBT depends on having skilled and talented colleagues to support delivery of our health and care services. Having a vibrant Apprenticeship Scheme ensures that UHMBT is enhancing the future talent of the organisation and the next generation of colleagues are ready for the complex, challenging and exciting demands of running our organisation. Read the full article [here](#).



### Go to Governance’ hub to launch soon!

As new Governance and Quality Apprentices, we have been assigned a project to create our own version of ‘Ask Sami’ but for Governance — the service will be named ‘Go to Governance’. This will allow staff to ask any questions relating to all the different areas of governance. Staff will be able to phone one number, or email one shared inbox and their query will be directed to the department that can best answer their question; this ensures they receive the correct response and information from the right people. For example: if a consultant was having trouble registering their audit, they could submit a query to ‘Go to Governance’ rather than searching for where to direct their email individually; once received, this would then be categorised and sent to the clinical audit department where their question would be answered in a return email or telephone call. Read more [here](#).

### Spare some time to HAVE YOUR SAY!

The NHS Staff Survey is run in partnership with trade unions and is one of the best ways for you to share your views about your job here at the Trust and the NHS nationally. The survey enables **you** to provide feedback about **your** experiences of working at UHMBT. This is our best measure of colleague experience and is powerful data that informs our priorities and the actions we take to improve your experience of working here at the Trust. Please remember that the whole process is confidential and managed by our provider organisation, Picker. Responses go directly back to Picker meaning that no one at the Trust sees individual responses.



### Staff Focus Groups for CQC Inspection

As you will be aware, the Care Quality Commission (CQC) will be visiting our hospitals in the coming months. As part of the inspection, a number of focus groups have been organised to allow the Inspectors to meet with staff from a wide range of roles in the Trust and hear their views. To find more details click [here](#).

We are also holding a second series of staff briefing sessions to provide an update on the CQC inspection process that will take place across the three main hospital sites at the beginning of November. To find more details click [here](#)





## See how many flu fighters are in your Care Group!

We are delighted to share with you that as we approach the half way mark of this year's flu campaign we have vaccinated **55%** of staff. This is an amazing achievement and we would like to thank you all for your continued support during our ward and department visits and drop in clinics. We are also pleased to report that latest vaccination figures for our Care Groups are extremely close and are performing at a similar level. You can see how well your own Care Group is doing [here](#). If you'd like a member of the Occupational Health team to visit your work area then please contact them on 01524 512290, ext. 42290, or email [occhealth.referrals@mbht.nhs.uk](mailto:occhealth.referrals@mbht.nhs.uk).



Thanks once again if you who have already had your vaccine for this year and please remember to let the team know if you have received your vaccine from your GP.

## Could you be a Charity Champion like Danielle and Michelle?

We're looking for staff like Danielle Worden and Michelle Shorrock, who both work on medical unit 2 at the RLI and have signed up as Bay Hospitals Charity Champions. By helping Bay Hospitals Charity, you'll help make a big difference to your ward or area. You'll help the charity raise awareness of any fundraising events happening across your ward or department to colleagues, our patients, and their families. Being a Charity Champion doesn't need to be time consuming – you'll fit us into your daily routine. Examples of how you can help include: selling Christmas raffle tickets, which will soon be arriving on your wards – this year, all monies you raise from raffle tickets sales will come back to your ward charity fund – or by helping us to promote Christmas jumper day.



You'll also help us by mentioning Bay Hospitals Charity at your team meetings, and letting patients and families know about us when they want to show their gratitude. Being a Charity Champion can also help boost your CV as you'll get to network and build relationships at all levels across our Trust. To be part of real change for your hospital, please contact Judith Read at the RLI charity office or Heidi Bowron at the FGH charity office by emailing: [charity@mbht.nhs.uk](mailto:charity@mbht.nhs.uk) or by calling the charity office on Ext: 46064.

## Charity Ball in aid of FGH children's ward and Storey Square Park in Barrow

If you're looking for ideas for your teams Christmas party this year, then look no further. Market Street House, a sales and lettings agent in Barrow-In-Furness - who are a charity partner of Bay Hospitals Charity are hosting a black tie Charity Ball at the Dunes Hotel in Barrow on Saturday 3 November 2018 at 7pm to raise funds for our children's ward at FGH.

Director at Market Street House, Jamie Lindsay said: "We're delighted to hold another charity ball to raise funds for FGH. Over the years, we have raised funds for the coronary care unit, south lakes birth centre and theatres at FGH, and this year we've chosen the children's ward. It's great to give something back to our local community.

Monies from the evening will be split two ways with Storey Square Park in Barrow also benefitting to help buy equipment for the children's play area. Tickets cost £25.00 each, which includes a meal and an evening of entrainment and are available to buy from Nicola Cassley at Market Street House by emailing: [nicola.cassley@cumbriatc.org.uk](mailto:nicola.cassley@cumbriatc.org.uk)





## Chief Information Officer for Health and Care visits the RLI



Will Smart, the national Chief Information Officer for Health and Care in England, visited the RLI on Wednesday 3 October 2018 to learn about the local implementation of Lorenzo Electronic Patient Records (EPR) and how it supports safe clinical care.

Colin Brown, Chief Clinical Information Officer at UHMBT, said: "Being visited by a national figure is a great opportunity to shout about the great work we are all doing across the Morecambe Bay area with our Lorenzo EPR. We are all on a connected digital development journey which includes patients, the public, GP's, community care providers, Bay Health and Care Partners as well as Lancashire and South Cumbria Integrated Care Systems. During the visit, Melanie Waszkiel, EPR Clinical Lead at UHMBT, provided an overview of the EPR Optimisation Programme for the last two years. Angela McNally, Ward Manager, hosted a visit of the Acute Frailty Unit where Will was able to talk with UHMBT staff about their experiences of using technology to streamline their day-to-day tasks." To find out what Will Smart said about his visit to the Trust read the full article [here](#).



## Public invited to have their say on Alfred Barrow Centre

Work is progressing well on the new centre being built on the former site of the Alfred Barrow School. The centre will provide health and care services to the people of Barrow. The public are being invited to have their say in naming the new centre and a poll will go out on Monday 22 October. The options are:

- Alfred Barrow Health Centre**
- Alfred Barrow Primary Care Centre**
- Alfred Barrow Community Health and Care Hub**

The public can pick their choice of name by filling out the poll on Morecambe Bay CCGs Facebook or Twitter pages, by emailing [engagement.morecambebayccg@nhs.net](mailto:engagement.morecambebayccg@nhs.net) or by simply posting their choice in the voting boxes, located in Abbey Road Surgery, Atkinson Health Centre or Risedale Surgery – the three surgeries moving into the Centre. The poll will end on Friday 2 November. Read more [here](#).



## 'Know your NHS and your career in the NHS' - 8 November 2018

The above session is targeted to all non - UK Doctors and Nurses who have recently joined the Trust or NHS in the last 2 years. The talk will cover the NHS, our Trust, culture, social interaction and GMC and NMC issues. Aaron Cummins, Chief Executive will welcome delegates and speakers will include; Lynne Wyre Director of Nursing, Mr Amit Kochher Medical Appraisal Lead and Dr Shahedal Bari Director of Medical Education and Deputy Medical Director. For full information about the talk please click [here](#).

## October's Sustainability update

How are we doing? On the financial front, our Trust has had a challenging period over the summer and has seen costs rise and income reduce in a number of areas. Read the full update [here](#). We still want to hear from you! If you have any ideas on how we can improve patient services and save money, please share them with us. Small or big – no idea is a bad idea. Let us know by contacting the Programme Management Office (PMO) on [PMO.Mailbox@mbht.nhs.uk](mailto:PMO.Mailbox@mbht.nhs.uk).



## Julie receives Cavell Star Award for exemplary palliative care

Julie Barnes, Advanced Nurse Practitioner at UHMBT, has received a Cavell Star Award for her dedication to supporting patients to receive the care they wish for.

Julie said: "I was delighted to receive the Cavell Award from the Director of Nursing, Joann Morse, for going over and above with regards to patient care.

"I was nominated for the award by Pauline Preston, Business Manager, for ensuring that a palliative patient could stay in their preferred place of care before they passed away, rather than being escalated to hospital. I worked with the patient's family to create a detailed emergency care plan, and with other health professionals including paramedics to ensure that the care plan was followed and hospital admission was avoided."



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The Cavell star awards are designed to boost morale and celebrate the work of nurses, midwives and healthcare assistants in the UK. The Cavell Trust is a charity who supports nurses who are struggling, providing emotional, practical help and grants. Find out more about the

[Cavell Star Awards here.](#)

## Introducing UHMBT's first Trauma Risk Management (TRiM) team

The Occupational Health and Wellbeing Department are very excited to announce and introduce UHMBT's first Trauma Risk Management (TRiM) team, and TRiM practitioners into the trust, following last week's training carried out by the Foreign and Commonwealth Office Trainers.

TRiM is a supportive method to assist an individual or group, following a potentially traumatic event. It was originally developed by the Royal Navy, and is now used by the armed forces, police forces, ambulance services and the BBC, amongst others. As a trust we take the risk of the potential of staff members developing long term traumatic stress seriously, and therefore aim to ensure that staff members who have experienced potentially traumatic events in the course of their work, are offered the care and support they need to recover as completely and quickly as possible.



Following notification of a potentially traumatic or difficult event, The Occupational Health and Wellbeing department will deploy 1 or maybe 2 Trained TRiM assessors upon request, to meet with a staff member, or group of staff, to engage in a structured conversation, and facilitate getting staff the right help when required.

Understanding the reactions you may experience following a difficult event, may help also to relieve some of the anxiety that can be experienced as a result. We welcome our TRiM assessors on board and encourage all staff members of UHMBT to access our TRiM team if required. The Occupational health and Wellbeing team are continually focussed on ensuring that our staff receive the support that is "needed when it is needed".

Further information will be coming to your care group, and department soon. For more immediate information, please contact Clare Hill or Gemma Mason in the Occupational Health and Wellbeing Department.

## Dates for medical audit meetings 2019

The dates for the 2019 medical audit meetings for the Department of Medicine at the Royal Lancaster Infirmary are now available and will be held in the Education Centre. To view the dates please [click here](#) For further information please visit <http://uhmb/cd/Governance/Pages/Audit.aspx>





## Continence Service South Cumbria

The Specialist Continence Service is a nurse led service that promotes treatment for patients with bladder and/or bowel dysfunction. The nurses have undergone specialist training to assess and plan appropriate individual treatment for the patients. It is a non-urgent service and we accept referrals from all allied health care professionals as well as self-referral. Patients are then invited to appointments in community clinics across South Cumbria, or home visit if medically indicated. The specialist nurses also provide training and advice to community teams and regulated care sector, as well as advice and support to allied health care professionals. Current staffing include Polly Weston, Team Lead, Kathryn Brown, Specialist Nurse, and Tracy Smith, Administrative Support. We are in the process of recruiting to an admin vacancy, and have a new vacancy band 5 staff nurse.



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## Exploring Health Careers Event - 24 November 2018

The Careers and Engagement Hub are running an Exploring Health Careers Event in collaboration with universities and colleges across Lancashire. The aim of the event is to inspire Year 10 and 11 students to consider higher educational courses and careers in Health and Care. Please click [here to view the poster](#). The event is slightly different to our Healthcare Careers Weekends and we are targeting specific groups of students from 'widening participation' groups (such as students with a learning difficulty, disability, who receive free school meals, are in care, or are young parents etc.). The event will take place on Saturday 24 November, 9am – 5.30pm. Activities will take place at the RLI from 9am-3pm and education talks will take place from 3pm – 5.30pm at the Lancaster Campus of the University of Cumbria. Please contact Vicky Lumley Careers & Engagement Lead on 01524 519319 (ext 49319) or email [victoria.lumley@mbht.nhs.uk](mailto:victoria.lumley@mbht.nhs.uk) Read more [here](#).

## Supporting our patients living with dementia through the Asda Green Token Scheme

Bay Hospitals Charity has been chosen by Asda in Barrow for their green token scheme. When you shop at Asda, Barrow - ask for some green tokens at the checkout. Then, all you need to do is deposit the green tokens in the box marked 'Bay Hospitals Charity' in the entrance lobby of Asda. At the end of each month the charity with the most tokens receives a cheque for £200. Any money raised from this scheme will go towards supporting patients living with Dementia across our hospitals.

## Join us at our final talk about the history of local healthcare!

A free talk for the public across the area focusing on what local healthcare was like around the Bay will be held on **Wednesday 24 October**, Lecture Theatre, Education Centre, at Royal Lancaster Infirmary, from 6pm. The free public talks, part of the Trust's NHS 70 celebrations, will be led by Dr Peter Dyer and will focused on Eric Cooper – an oral surgeon who worked locally and who was also the dentist at the Colditz prison camp during World War Two. Mr Cooper worked in Lancaster, Kendal and Barrow from 1952-1974 and the talk will last for around 20 minutes. Bryan Rhodes, Chairman of Lancaster Health and Medical Museum Collection, will give a talk about the group which will last 40 minutes. You can sign up for the talk at book online at:

<https://strokepreventiontalk.eventbrite.co.uk>, call 01229 404473 or email [FTmembershipOffice@mbht.nhs.uk](mailto:FTmembershipOffice@mbht.nhs.uk).

## Come and see what the RLI was like in the 1890s!

Staff and the public are being encouraged to take a trip back in time and view historical photographs of the Royal Lancaster Infirmary from the 1890s which will be on display at the Education Centre, Ashton Rd, Lancaster until **31 October**. The display has been organised by Bryan Rhodes, Chairman of the Lancaster Health and Medical Museum Collection, and the Helen Aikman from Medical Illustration Department.